

## Agenda

**Thursday, February 03, 2022**

### **Electronic Participation at 4:30 p.m.**

As part of the City's commitment to safety during the COVID-19 pandemic, this meeting will be held electronically.

This Meeting may be viewed online at [www.stcatharines.ca/youtube](http://www.stcatharines.ca/youtube)

**Public Comments:** The public may submit comments regarding agenda matters by contacting [lkurek@stcatharines.ca](mailto:lkurek@stcatharines.ca) by Wednesday, February 2, 2022, before 3:00 p.m. Comments submitted will be considered as public information and entered into public record.

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1. **Call meeting to order (Chair, Bill Phillips)**
  2. **Recognition of Traditional Territories**
  3. **Additions / Deletions to the Agenda**
  4. **Motion to approve the agenda**
  5. **Motion to adopt the minutes of the previous meeting – Nov 4, 2021.**
  6. **Declarations of Interest**
  7. **Presentations (invited guests)**
  8. **Business arising from the minutes**
  9. **Business**
    - a) **9.1 Chair Report**
    - b) **9.2 Introduction of Manger of Diversity, Equity and Inclusion**
    - c) **9.3 Review waiving of fees applications ~ Andrea Miele-Connolly**

**Pass a motion to go to closed session for:** *Personal matters about a identifiable individuals, including municipal or local board employees*

- d) **9.4 Review of applications for vacancies on Equity and Inclusion, Older Adults and Accessibility Advisory Committees and recommendations for the vacancies**

**Pass a motion to go back to public session**

**Pass a motion arising from the closed session:** *To recommend appointing the people identified in-camera.*

- e) **9.5 Advisory Committees Terms of Reference proposed amendment – Accessibility Advisory**

Accessibility Advisory Committee, October 21, 2021.

Diane Foster brought forward the following motion:

Motion to have all advisory committees include in their terms of reference that membership include at least 1 person on each committee that identifies as having a disability.

Moved by: Jennifer Taylor and seconded by: Bob Asham

- f) **9.6 Exit Interview/ Survey for committee members who resign – Accessibility Advisory**

- g) **9.7 Land Acknowledgement proposed amendment – Anti-Racism Advisory Committee**

Anti-Racism Advisory Committee, January 18, 2022.

WHEREAS the City of St. Catharines includes the territories of the Hatiwendorank and Mississaugas of the Credit First Nation, as well as the already mentioned First Nations; and

WHEREAS the process of colonization is on-going and has not ended

THEREFORE BE IT RESOLVED that the Anti-Racism Advisory Committee recommends City Council amend the Land Acknowledgement to include the Hatiwendorank and to add “including Mississaugas of the Credit First Nation” after “Anishinaabeg peoples”; and

THEREFORE BE IT FURTHER RESOLVED that the Anti-Racism Advisory Committee recommends City Council amend the Land Acknowledgement to add “acknowledging this land reminds settlers that they directly benefit from the on-going process of colonization” at the end of the current Land Acknowledgement; and

h) **9.8 Let's Chat Benches - Older Adults Advisory**  
**Older Adults Advisory Committee, January 24, 2022.**

That the City of St. Catharines consider designating a target percentage of new and/or retrofitted park benches as "Let's Chat" benches.

i) **9.9 International Federation on Aging Conference Outcome- Older Adult Advisory**

10. **Date of next meeting**

Thursday, April 28, 2022, at 4:30 p.m.

11. **Motion to Adjourn**

Older Adults Advisory Committee  
January 24, 2022

**Motion:** The City of St. Catharines consider designating a target percentage of new and/or retrofitted park benches as “Let’s Chat” benches.

**Background:** A number of communities across the world have designated benches that are “Let’s Chat” benches. The sign simply breaks down the invisible wall between strangers who might be sitting side by side but are uncertain about starting a conversation. With 1 in 5 Canadians identifying as being lonely and 40% of older adults, these low-cost signs can help increase socialization and decrease loneliness. Further, the pandemic has had a disproportionate impact on older adults and this includes increased social isolation. The health and economic impacts of loneliness are well documented. The City of Welland has installed signage on new and retrofitted benches that is 4 inches by 48 inches and is countersunk into the slat on the back of the bench in order not to protrude and be uncomfortable on the person’s back. The signage design could easily be modelled after those that have been installed in Welland.

With the installation of new benches on the Port Dalhousie pier, it appears to be an appropriate opportunity to consider a pilot of the “Let’s Chat” benches.

City of St. Catharines Older Adults Advisory Committee  
January 24, 2022

Motion: That the following be shared with City of St. Catharines Council as information.

On behalf of the City of St. Catharines Older Adults Advisory Committee, I would like to thank the City of St. Catharines for their contribution to the Age Friendly Niagara Council's virtual exhibit at the International Federation on Ageing Conference held November 9 to 12, 2021. The Conference was held both virtually and in Niagara Falls, Ontario, and was a resounding success. Through the contributions by the City of St. Catharines, other municipalities in Niagara and corporate sponsors, our virtual exhibit was comprised of a professionally created video as well as a brochure with the theme of Niagara's Empowered Older Adults (shared below and attached). The brochure was distributed to the 1200 delegates in attendance and will be made available to the municipalities, including St. Catharines, for sharing with their residents. The exhibit prompted inquiries from all over the world.

We feel that the contribution of \$125.00 represented an excellent investment in raising the profile of the City of St. Catharines and the Niagara Region as an Age Friendly Community in a global forum, and thank the City for the support.

Gail Riihimaki  
Chair, City of St. Catharines Older Adults Advisory Committee

Link to Video:

<https://youtu.be/2KToL2egyko>

## Niagara's Empowered Older Adults



## Envisioning a Community for All Ages



Of the almost 450,000 people living in the Niagara region of Ontario, about **36% are older adults** (55+ years of age), compared to 30% for all of Canada.

Statistics  
Canada, 2016



Older adults are empowered and making a difference in Niagara's progress as a WHO (World Health Organization) Age-Friendly Community (AFC). They are working with all of Niagara's municipalities to create:

- An Age-Friendly network of over 500 members raising awareness and promoting local action on the eight WHO AFC domains
- Municipal Advisory Committees (MACs) providing advice to local municipal councils and advocating on issues relevant to older adults
- A MACs Collaborative which spans the municipalities and provides a strong voice for older adults on identified issues.

As well, the local Niagara chapter of C.A.R.P., with its over 6,000 members, is active in various advocacy efforts to benefit Niagara's older adults.

Action is underway to strengthen Niagara as an Age-Friendly community, in all of Niagara's municipalities:

Fort Erie  
Grimsby  
Lincoln  
Niagara Falls  
Niagara-on-the-Lake  
Pelham  
Port Colborne  
Regional Municipality of Niagara  
St. Catharines  
Thorold  
Wainfleet  
Welland  
West Lincoln

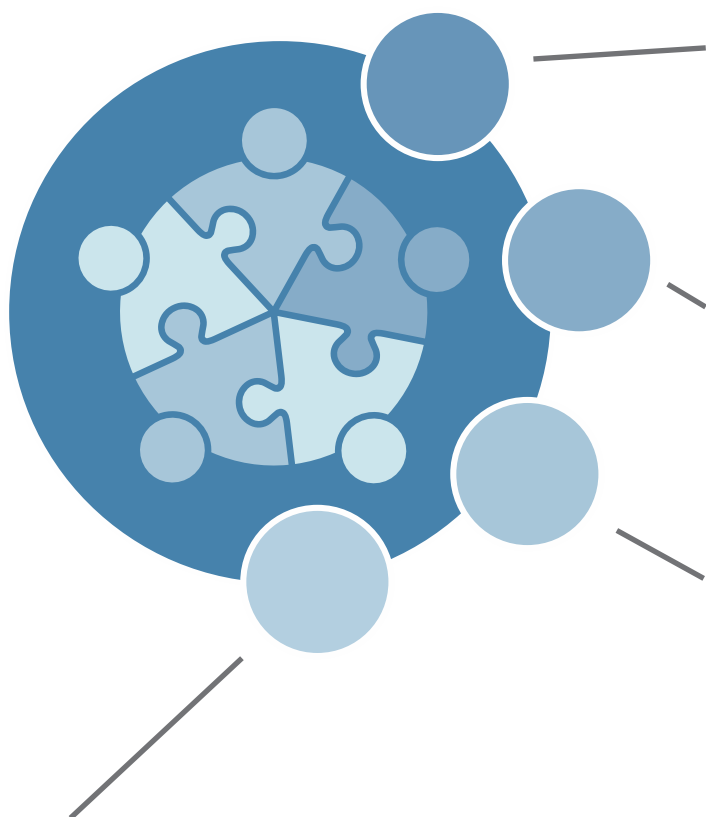
**Thank you to our sponsors:**



Age-Friendly Niagara Council  
[www.agefriendlyniagara.com](http://www.agefriendlyniagara.com)

# Age-Friendly Niagara - Levels of Action

**Vision:** An Age-friendly Niagara -  
A community for all ages.



## **Age-Friendly Niagara Council (AFNC) Board of Directors**

Includes 15 volunteers who oversee and plan AFNC activities

## **Engaged Individuals**

Includes a network of more than 500 people with an interest in an age-friendly Niagara

## **Niagara Aging Strategy and Action Plan (NASAP) Implementation**

People working together to advance strategies based on NASAP goals:

1. Community Engagement and Communication
2. Recreation, Learning and Leisure
3. Improved Services, Systems and Infrastructure

## **Niagara Collaborative of Local Municipal Seniors/Age-Friendly Advisory Committees**

A total of 112 volunteers who work at the local municipal level to advocate for the interests of older people and age-friendly principles in their communities. Representatives of these committees meet regularly to share information and align planning and action.



**A Community for All Ages**

[www.agefriendlyniagara.com](http://www.agefriendlyniagara.com)



## **World Health Organization (WHO) Eight Domains of Age-Friendly Communities**

The AFNC is committed to increasing awareness of the eight domains through partnerships and shared learning, knowledge and planning.

- Outdoor Spaces and Buildings
- Transportation
- Housing
- Social Participation
- Respect and Social Inclusion
- Civic Participation and Employment
- Communication and Information
- Community Health and Support Services

