

# Advisory Committee on Older Adults

## Minutes

**Tuesday, April 12, 2022**

## Zoom

### Members:

Marcy Heit, Dominic Ventresca, Gail Riihimaki, Janet Reid, Marilyn Reynolds, Tracey Fox, Ursula Hudson, Francine Geikie (partial attendance due to technology issues)

Absent: Marion Hepworth

### Staff Liaison:

Koby Vanyo, Programs Supervisor

---

1. **Call meeting to order (Chair)**  
Gail Riihimaki called the meeting to order at 2:08pm, including introduction of Ursula Hudson the new CARP representative
2. **Recognition of Traditional Territories**
3. **Additions/Deletions to the Agenda**
4. **Motion to approve the agenda**  
Moved by Marcy Heit  
That the Agenda for the meeting of April 12, 2022 be approved.  
CARRIED
5. **Motion to adopt the minutes of the previous meeting**  
Moved by Marilyn Reynolds  
That the Minutes of the March 8, 2022 meeting be approved with one addition – determine the role of this committee in the Inclusive Community Grant program, envision this committee working in partnership with the City of St. Catharines  
CARRIED
6. **Presentations (invited guests)**
7. **Business arising from the minutes**  
Feedback from Committee for next Council term  
Koby met with Clerk's staff for an informal evaluation

This committee continues to work until new committee members begin in Q1/Q2 2023

Discussion included – term extending beyond electoral term, routes to have information move forward (staff, pillar council,), Orientation for committees to share information

Terms of reference, length of term formalized

What is all current members want to return? Should develop some type of matrix to assist returning members, principle of continuity is so valuable, simply express interest to serve again may be sufficient, needs to be easy, New ideas are important too, if more than 50% want to return, randomly select/lottery style to fill next positions for community reps only

Apply same processes to other committees as well

Gayle to draft and circulate to committee for feedback

## 8. **Business**

### a. Needs Assessment

#### i. Inclusive Community Grant program application status

Status of application is expected summer 2022

Completion of grant by March 31, 2023

### b. Communications -

#### i. Student placements being kept in mind

### c. Age Friendly Community

#### i. Senior's Month – Monday, June 6 10am – 2pm, Dunlop Drive Older Adult Centre,

9:45am flag raising at Dunlop Drive OAC

10am Mayor's message through Councillor Philips

Update on priorities for seniors in St. Catharines

Invitation to all Councillors

Mayor to attend one of the next committee meetings to be briefed

Break out sessions/one large group

Share good news plus municipal responsibilities – housing, transit, CRCS activities

How to communicate information? Pillar, departments, staff to staff, councillors

2022 theme Stay Active, Connected and Safe

#### ii. Let's Chat benches – Ontario Special Grant, each Older Adult Centre receives up to \$15000

Will include some Let's Chat signs for current benches and an education piece

#### iii. Recreation Survey – Seniors Community Grant application, Engage as You Age with a focus on the older adult who is still working full time, evening and weekend programming

### d. NOAA, Niagara Older Adult Alliance – Marcy Heit and Ursula Hudson will be the representatives for NOAA

Meets quarterly

Dominic has draft Terms of Reference

- e. AFNC, Age Friendly Niagara Council –  
The AFNC Board received confirmation of \$25,000 in funding from New Horizons to engage and empower older adults in Niagara, which includes conducting a community survey on the need for a Council on Aging, organizing some community education sessions and fostering the transition to a founding board for the AFNC  
The AFNC Board has approached Niagara Region Community Services and Planning and Development Commissioners for help to sustain the work of the AFNC for the benefit of the Region and the community, that ideally would include base funding for backbone support staff
- f. Seniors in Motion – Marcy indicated this opportunity as a regional event  
September 14, Meridian Community Centre in Pelham  
April 14 – first meeting of the group

9. **Date of next meeting**  
Tuesday, May 10, 2022 at 2pm Zoom

10. **Motion to Adjourn**  
Moved by Ursula Hudson  
That the meeting be adjourned at 3:38pm  
CARRIED